



Rejuvenate and revitalize

IPL™ Photo Rejuvenation is a noninvasive, comfortable technique that revitalizes your skin using a broad spectrum of light called Intense Pulsed Light (IPL). This patented, FDA-approved, non-laser treatment provides dramatic results for an array of skin conditions anywhere on the body. Skin tone is enhanced, small defects are eliminated and pores become smaller. The end result of Photo Rejuvenation treatments is smoother, healthier and younger-looking skin.

PhotoFacial

PhotoFacials are a non-surgical skin rejuvenating technique. These medical grade treatments will reveal a naturally younger appearance with a clearer, more even complexion without facial alterations. For optimal results, a series of treatments will increase cell regeneration that stimulates new collagen and elastin to diminish fine lines. PhotoFacials treat the following conditions:

■ Uneven skin tone

■ Sun spots

■ Age spots

■ Spider veins

■ Broken capillaries

■ Facial redness

■ Rosacea

■ Active Acne

PhotoFacial treatments may also be used in conjunction with chemical peels and microdermabrasion to enhance the results of these procedures.

Frequently **asked** questions

Is IPL™ safe?

Advanced light systems have been used safely on millions of patients of all ages worldwide. IPL treat only targeted areas, leaving the surrounding skin untouched.

What areas can be treated?

IPL™ Skin Rejuvenation treatments are effective for improving the signs of aging and appearance of skin anywhere on the body—face, neck, hands, décolleté (chest), shoulders, arms and legs.

Is IPL™ painful?

Our IPL™ system is a comfortable, non-ablative, noninvasive treatment. Unlike laser treatments it does not wound the skin. Typically, patients describe the treatment as a gentle warming of the skin's surface.

What should I expect after the treatment?

Immediately after the treatment you will experience some minor redness. The redness typically lasts only a few hours. You can expect to immediately return to normal activities utilizing our complimentary sunscreen and mineral application.

What advantages do IPL™ skin rejuvenation treatments have over other treatments?

Laser resurfacing and deep chemical peels often send patients into hiding as they wait for redness and swelling to subside. Recovery for these procedures can be days and sometimes weeks. Face lifts and other surgical procedures are far too invasive for younger patients and those who simply want to revitalize their appearance without recovery downtime.

Pretreatment

Instructions

- Discontinue sun tanning, use of tanning beds and self-tanning creams 4 weeks before and throughout the course of treatments. This will reduce the chance of skin color changes and development of new lesions.
- Always use an SPF30 or greater sunscreen on all exposed treatment areas. Wear protective hats and clothing.
- Discontinue use of exfoliating creams such as Retin-A and other skin exfoliating products 2 weeks prior to and during the course of treatment.
- Discontinue use of Oral Isotretinoin/Accutane for 6 months prior to and during treatment. Accutane changes the underlying structure of the skin which may cause an increase skin sensitivity to light.
- If you have a history of Herpes outbreaks in the area of treatment you should consult your Primary Care provider for medical evaluation and possible antiviral therapy prior to treatment.
- An accurate diagnosis, by a Physician, of abnormal lesions or brown spots prior to treatment is necessary before treatment of lesions. Failure to do so, may delay proper treatment.

POSTtreatment

Instructions

- A mild sunburn-like sensation is expected. This usually lasts 2-24 hours but can persist up to 72 hours. Mild swelling and/or redness may accompany this, which usually resolves in 2-3 days. Prolonged redness or blistering may occur.
- Apply cool/ice compresses and/or 1% Hydrocortisone cream to treatment areas as needed to reduce discomfort or swelling.
- The treated area can be gently cleansed and polysporin can be applied if needed.
- Direct sun exposure to the treatment area is prohibited from whatever source (natural sun, tanning beds, self-tanning creams) and the use of SPF 30 or greater is mandatory.
- Pigmented lesions may initially look raised and/or darkened with a reddened perimeter. The lesion is usually healed in 7-21 days, but may take 4 weeks to completely fade.
- Do not pick, scratch or remove scabs. This will prevent unwanted side effects.
- Be aware of the likelihood of coincidental hair removal in the treatment area.
- Until redness has completely resolved avoid swimming, hot tubs/Jacuzzis and activities that cause excessive perspiration

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