

# LEG VEIN Treatments

*Rajeunir*  
medicalSPA

## Remove unsightly spider veins

Spider veins are thread-like veins on the surface of the skin, most commonly on the legs and face, but may also be found elsewhere on the body. These veins will never become the large bulging varicose veins.

Early treatments included radio waves and support stockings delivering varying degrees of success. The drawbacks to these older treatments include scarring, recovery time, cost and poor results.

At Rajeunir Medical Spa we have chosen the latest advances in laser technology; a proven treatment that is non-invasive, non-surgical, safe and effective, with minimal risk to the skin.

## FREQUENTLY ASKED QUESTIONS

### How does the treatment work?

The laser beam is attracted to the blood penetrating the skin and heating the targeted vessel. The heat coagulates the blood inside the vessel causing the vessel walls to collapse.

### Are these treatments safe?

Yes. Rajeunir Medical Spa uses only FDA-approved technology. Lasers and advanced light systems have been used safely on millions of patients of all ages worldwide. These systems treat only the targeted spots, leaving the surrounding tissue intact.

### What are the treatments like?

Larger veins are treated first. Using the appropriate wavelength of laser light we administer the treatment to the vein. Any discomfort can be eased with the application of cool compresses.

### How many treatments will I need?

Significant improvement is realized in most cases with one or two treatments. Most patients undergo 3-5 treatments for long-term results. However, new veins may occur and additional treatments may be required. Treatments are performed in 8-10 week intervals.

### What is recovery like?

Though many veins clear instantly, some continue to resolve for up to 12 weeks after treatment. You may resume normal activity within 24 hours.

### Why choose a YAG laser vs. other laser treatments?

The YAG laser is the first laser that has been FDA approved for use on all skin tones including darker skin types and people who are actively tanning. The YAG system achieves this by using a combination of consistent wave lengths, long pulses and safer therapeutic energies, thus making it unique from other laser systems.

### How long has the YAG laser system been in use?

It was introduced in 1999.

## Pre-treatment

# INSTRUCTIONS

- Inform us of any changes in your medical history since your last visit.
- Inform us if you have taken Tetracycline in the last month.
- Inform us if you have taken Accutane in the past year or are planning on taking it in the near future.
- Do not use Aspirin, Ibuprofen, Gingko Biloba, St. John's Wort, Selenium, high doses of Vitamin E or any prescription blood thinners for 10 days prior to treatment.
- Shave the area to be treated the evening before your treatment.

## POST-treatment

# INSTRUCTIONS

- Avoid sun exposure to the treated area. If avoiding sun exposure is not possible, wear an SPF 30 sun block for 1 month following treatment.
- Apply cold compresses and/or 1% Hydrocortisone cream as needed for swelling.
- For the remainder of the day/evening of your treatment, stay off your feet and keep legs elevated when possible.
- Do not exercise for 48 hours following treatment.
- Do not use Aspirin, Ibuprofen, Gingko Biloba, St. John's Wort, Selenium, high doses of Vitamin E or any prescription blood thinners for 10 days after treatment.
- Do not take hot baths, use a hot tub or sauna for 5 days following treatment.
- Expect some redness and swelling in the treatment area. This may convert to a "cat scratch" appearance for 2-3 weeks following treatment.

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